# **TEACHING NOTES Human Body Care**

## **TEACHING NOTES TOPIC 1 - 2**

- Teacher can demonstrate how to do conceptual maps by giving an example.
- You can suggest students to elaborate an ebook in an electronic presentation.
- Encourage students to retrieve more information from trusted sources besides the one contained in the course.
- You can suggest to the students that the images they use be either drawn or taken from the web without labels so that students can label the terms asked for on the image.
- These activities can be done individually, or in teams of 2-4 students.
- Encourage students to visit the Google Body Browser webpage at http://www.zygotebody.com/

## **TEACHING NOTES TOPIC 3-5**

- Teacher should clear up any doubts that students have on the concepts of muscle contraction.
- Teacher should have students reflect upon the consequences of overexposure to the sun.
- Teachers should have students reflect upon their personal exercise habits and propose changes that will have a positive impact on their health.

#### **TEACHING NOTES TOPIC 6-7**

- Students could do the digestive system model on paper or in a digital file.
- Teachers may need explain how to design a flowchart.

#### **TEACHING NOTES TOPIC 8-10**

- Students should see the video so they can build their lung model.
- If the campus doesn't have a science lab you could do the activity in any other place.

# **TEACHING NOTES TOPIC 11-12**

- Teachers should have students do each activity after they have covered the material for the topic.
- This activity is best done in three-student teams.

#### **TEACHING NOTES TOPIC 13-15**

- Teachers should have students do each activity after they have covered the material
- for the topic.
  Students should use the recommended chapters in the textbook and the recommended videos to do the activities.